

# Dawson City Pool Summer Schedule

Effective May 31<sup>st</sup>



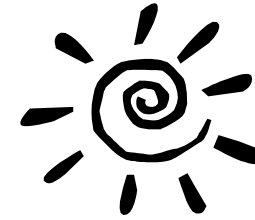
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Early Bird 6:30-8:30	Early Bird 6:30-8:30	Early Bird 6:30-8:30	Early Bird 6:30-8:30	Early Bird 6:30-8:30		
Public LESSONS 9-11:30	Daycare LESSONS 9-11:30	Public LESSONS 9-11:30	Daycare LESSONS 9-11:30	Public LESSONS 9-11:30	Private LESSONS 10-11:30	<b>AquaFit</b> 10:30-11:30
<b>AquaFit</b> 12-1	LANE SWIM 12-1:30	Mom & Baby Workout 12-1	LANE SWIM 12-1:30	<b>AquaFit</b> 12-1	LANE SWIM/ Parent n'tot 11:30-2	LANE SWIM/ Parent n'tot 11:30-2
Public Swim 1:30-2:45	Public Swim 2-4	Public Swim 1:30-2:45	Public Swim 2-4	Public Swim 1:30-2:45	Public Swim 2:30-4:30	Public Swim 2:30-4:30
Swim Team 3-4		Swim Team 3-4		Swim Team 3-4		
LANE SWIM 5-6	LANE SWIM 5-6	LANE SWIM 5-6	LANE SWIM 5-6	LANE SWIM 5-6		
<b>AquaFit</b> 6-7		<b>AquaFit</b> 6-7		<b>AquaFit</b> 6-7		
Public Swim 7:00-8:30	Public Swim 6:30-8:30	Public Swim 7:00-8:30	Public Swim 6:30-8:30	Public Swim 7:00-8:30		

## Swimming Pass Fees

	Day Pass	10 Day Punch	Monthly	Season
Child 3-12yrs	\$2.50	\$20.00	\$27.50	\$80.00
Youth 13-18yrs/Senior 55+	\$3.50	\$28.00	\$38.50	\$110.00
Adult 19-64yrs	\$4.50	\$36.00	\$49.50	\$145.00
Family	\$11.00	\$88.00	\$121.00	\$360.00
Fitness	\$3.50	\$28.00	\$38.50	\$110.00

Summer 2010

## Recreation & Leisure Guide



The Recreation Department is excited for another summer filled with outdoor sun. We have lots of new programs this summer for all ages. If you have any questions or would like more information please contact us or check out the City website at [www.cityofdawson.ca](http://www.cityofdawson.ca)

Recreation Manager  
Marta Selassie  
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Recreation Programmers  
Kirsten Davis & Shelley Brown  
993-2353  
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[shelley.brown@cityofdawson.ca](mailto:shelley.brown@cityofdawson.ca)

Pool Manager  
Sheena Bauer  
993-7412

Recreation Maintenance  
Ryan Paolini & Ben Shore  
993-2351

The Recreation Staff is wishing everyone a healthy & safe summer.



## Summer Youth Programs

### Camping Trips

Tombstone → June 23 - 25 Grades 6 - 9 Boys Only

5 Mile Lake → July 6 - 8 Grades 3 - 5

Tombstone → August 3 - 5 Grades 6 - 9 Girls Only



### Weekly Programs

**Youth Golf** Mondays 11 - 3, grades 3 & up, meet in the parking lot of the Rec Centre at 10:45 am, the van will be leaving at 11:00 pack a lunch, water & sunscreen. Starting June 14th, golfing fee TBA.

**Playground Fun** Thursdays 10:30 - 12 at the Community Garden Park, parent & child drop-in programs starting June 17th

**Girl Power** Thursdays 1 - 2:30 starting July 15th for girls entering into grades 6 - 9

**Badminton** Fridays 1 - 3, grades 1 & up on the waterfront starting June 18th



### Adventure Days

A new program this year for youth in grades 4 - 8. Join the Rec Department for different adventures around the Klondike throughout the summer. Drop off and pick up for all Adventure Days is at the Rec Centre. Please pre-register to ensure a seat in the van.

**June 16** Spend the day at Tombstone exploring plants & wildlife. Van leaves from the Rec Centre at 9 am, pick up at 5. Please wear appropriate footwear, bring a lunch, water and sunscreen.

**June 30** Biking adventure day 1 - 5. Helmets are a must please bring some water and a snack.

**July 14** Fishing Day 1 - 4. We'll supply the rods and tackle you should bring a water bottle and snacks. Please dress for the weather.

**August 11** Gold Fields Extravaganza 10 - 5. Join us for a tour of an active mine, gold panning & a BBQ lunch. Bring your rubber boots, a hat and warm clothing.

### Adult & Senior Activities

**Guided Hikes** are back again this summer. Each week will be to a different location around Dawson. Pack a snack, sunscreen, water and camera and please wear proper footwear.

Destinations will include the Dome, Crocus Bluff, the Shipwrecks and more. Meet at the Visitor Centre Mondays at 6:30pm.

**Women & Weights** continue through the summer months. This is a time scheduled for women only in the gym. Tuesday & Thursday noon to 1:00 in the weight room.

**Fun Runs** Thursdays 5:30pm meet at the Gazebo. All levels welcome.

**Volleyball** Wednesdays 7:30 at Minto, 2 courts 1 competitive and 1 all levels.



### Other Activities



**Canoe Course** Level 1 Moving Water with Tatshenshini Expediting, June 4 - 6, \$180. Friday 7-9 stroke correction on still water; Saturday & Sunday 9-5 moving water. Register at the Rec Dept.

**Rock Climbing** with Equinox Rox July 19 - 20 \$60. Three groups ages 8-11, 12 & up and Adults. Please pre-register with the Rec Dept

**Canoeing** July 21 grades 4 & up \$15 pack a snack, water & sunscreen



### Run Dawson Events

**Dome Run Saturday July 19th**

Start time: 9:30 Walkers & 10:00

Runners at the Palace Grand Theatre

Registration: Friday, July 18th 7-11pm at Minto

Fee: \$10

**Discovery Days 10k Run August 14th**

Start time: 10:00 am

Registration: 9:30 am at the Gazebo.

Fee: \$10



### Dawson Women's Shelter 2010 Tri-Challenge

Saturday, July 24

Registration 8:30am

Race Starts 10 am

For more information call 993-5086

Auction & BBQ to follow race



### Yoga

1 Week Intensive with Sabu 2 sessions

June 21-28 6:15-8am or 5:15-7pm

Drop in classes at the Downtown with Joanne

Tuesday & Thursday 5:30-7pm at the

Watch for posters around town for more yoga

### Pool Info

**Lane Swim** People are welcome to get pointers on strokes from our fabulous guards

**CANADA DAY** 12-1:30 Lane Swim 2-5 Public TOONIE Swim

**Fitness Week** Bring a friend to lane swim and aqua-fit June 14<sup>th</sup>-28<sup>th</sup> And they swim FREE

**Aquafit** This fun workout will keep you cool in the pool on those hot summer days! Aquafit is good for all ages and all fitness levels. It's a low impact exercise, you work at your own pace, no swimming skills required

**Mom & Baby Workout** This class is designed to promote fun and fitness for new mom's and their babies.

You'll have a challenging fitness workout with baby in a float (bring your own or borrow ours) Babies should have good neck stability and be 4-18 months old. All babies must wear "Little Swimmers" swim diapers \$2

**Swim Camp \$35** Participants will be guided through a variety of Aquatic - based experiences including water games, safety sessions, swimming skills & snorkelling fun. Don't forget your swimsuit, towel and snack to keep you going.

Mon/Wed/Fri 9-11:30 a.m. Ages 7+. Set Water Sports - June 14, 16, 18;

Set Ocean Explorers - July 5, 7, 9; Set Pirates & Mermaids - July 26, 28, 30

**Public Lessons** Mon/Wed/Fri between 9-11:30 a.m.

1<sup>st</sup> Set - May 31-June 11 Registrations May 22-27

2<sup>nd</sup> Set - June 21-July 2 Registrations June 12-17

3<sup>rd</sup> Set - July 12-July 23 Registrations July 3-8

4<sup>th</sup> Set - Aug 2 - Aug 13 Registrations July 24-29

Register at the Pool Cash/Debit/Credit

**Swim Team \$125** Swim Club is starting up again May 31<sup>st</sup>. Hope to see all our previous team members and some new faces too! Ages 7-15

**Stat Holidays** Victoria Day May 24<sup>th</sup>; Aboriginal Day June 21<sup>st</sup>; Canada Day July 1<sup>st</sup>; Discovery Day Aug 16<sup>th</sup>; Labour Day Sept 6<sup>th</sup>. **Hours of Operation on Stats** 11:30-1:30 Lane Swim/Parent n'tot, 2-5 Public Swim

