
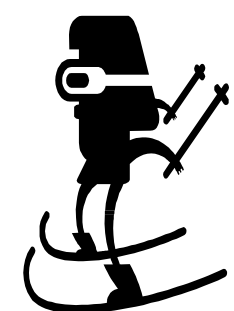




Spring Break 2010

Monday March 8	Tuesday March 9	Wednesday March 10	Thursday March 11	Friday March 12	Saturday March 13	Sunday March 14
<p>1:00-2:00 Youth Sticks & Skates Ages 9 and up</p> <p>1:00-3:00 pm The FUNDamentals of Skiing Learn the basics of skiing through games & play. Meet at the Rec. Centre. Dress warm! Ages 8-12</p> <p>3:00-5:00 Youth Weights Fitness Centre Ages 13-18 yrs</p> <p>3:30-5:00 Public Skating</p>	<p>10:30-11:00 Preschool Skate</p> <p>1:00-2:00 Youth Sticks & Skates Ages 9 and up</p> <p>1:00-4:00 pm X-Country Ski Adventure Join us for a trip across the river. Meet at the Rec. Centre. Hot drinks & snacks provided. Dress warm!</p> <p>3:00-5:00 Youth Weights Fitness Centre Ages 13-18 yrs</p> <p>3:30-5:00 Public Skating</p> <p>5:00-6:30 Family Skating</p>	<p>1:00-2:00 Youth Sticks & Skates Ages 9 and up</p> <p>1:00-2:00 Open Gym RSS Gymnasium Grades 2-4</p> <p>2:00-3:30 Open Gym RSS Gymnasium Grades 5 and Up</p> <p>3:00-5:00 Youth Weights Fitness Centre Ages 13-18 yrs</p> <p>3:30-5:00 Public Skating</p>	<p>10:30-11:00 Preschool Learn to Skate</p> <p>1:00-2:00 Youth Sticks & Skates Ages 9 and up</p> <p>12:00-5:00 Moose Mountain Come out and enjoy a day of downhill skiing. All Ages Welcome</p> <p>3:00-5:00 Youth Weights Fitness Centre Ages 13-18 yrs</p> <p>3:30-5:00 Public Skating</p>	<p>9:00 Girl Power Ski Trip</p> <p>1:00-2:00 Youth Sticks & Skates Ages 9 and up</p> <p>12:00-5:00 Moose Mountain Come out and enjoy a day of downhill skiing. All Ages Welcome</p> <p>3:00-5:00 Youth Weights Fitness Centre Ages 13-18 yrs</p> <p>3:30-5:00 Public Skating</p>	<p>12-5:00 Moose Mountain Come out and enjoy a day of downhill skiing. All Ages Welcome</p>  <p>1:30-2:00 Wee Sticks and Skates</p> <p>2:00-4:00 Public Skate</p>	<p>TBA Moose Mountain Come out and enjoy a day of downhill skiing Time to be announced. For more info call 993-5601 All Ages Welcome</p> <p>2:30-4:30 Family Skate</p> 

Limited Cross Country Ski Equipment Available*

For more information, and to enrol, please contact Shelley or Marta @ 993-2353.

